Developing an Attitude that Wins!
Most everybody wants to be successful and want to make a difference in their world.
The Key!

The greatest difference maker in your life is inside you... your attitude

– How I respond to difficulties and negative circumstances is the determinate as to what I will be able to accomplish in this life.
Your attitude will either be your greatest ally or your greatest hindrance...
The Right Attitude

John 16:33 AMP I have told you these things, so that in Me you may have [perfect] peace and confidence. In the world you have tribulation and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]! For I have overcome the world. [I have deprived it of power to harm you and have conquered it for you.]

Good Cheer – Overflowing, Exuberant Joy!
Where do Attitudes Come From?

- Home
- Background
- Environment
- Experiences
- People: Greatest influence

Don’t let people control you.
Watch Who You Associate With.

**Psalms 1:1-2 NKJVR** Blessed *is* the man that walketh not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful. (2) But his delight *is* in the law of the LORD. And in his law does he meditate day and night.

- **Associate with those that help build your life!**
  Don’t let people poison your life. (Gossipers, backbiters, complainers, doubters, etc.)
Your Attitude Effects Every Area of Your Life…

- Expression on your face
- The things that you say
- Body language
- Work habits
- Personality
- The way you dress
- Health
Daniel 6:3-4 KJVR  Then this Daniel was preferred above the presidents and princes, because an **excellent spirit** was in him; and the king thought to set him over the whole realm. (4) Then the presidents and princes sought to find occasion against Daniel concerning the kingdom; but they could find none occasion nor **fault**; forasmuch as he was **faithful**, neither was there any **error or fault** found in him.
Proverbs 23:7 As [a man] thinks in his heart so is he...

Your attitude will make you miserable or joyful

- Don’t allow yourself to be surrounded by by negative people
- You don’t have to be joyless, miserable and stressed out during times of adversity
What You Think About the Most is What Determines Your Attitude

**Mindset**

- A mental attitude that determines a person's interpretation and response to situations.

- A mindset is the internal dialog that you have within yourself on a continually basis.

- Your mindset is established when you take information about the world around and that information interpreted, filtered and stored in particular way.
Mindset and Attitude

Positive Mindset – Positive Attitude

Negative Mindset – Negative Attitude
Your Mind is Your Heart
The “Real You”

Heart

Spirit  Soul  Body
Important Principal

You don’t see with eyes nor do you hear with your ears. Seeing and hearing actually takes place in your mind (heart).

Your Eyes and Ears are Transducers that feed information to your mind. Your mind interprets the information and determines what it sees and hears.
What do you see?
What do you hear?
Sound Perception

What is this sound?

What music do you like the most?

M1  M2  M3  M4  M5  M6
Life’s Circumstances

People interpret circumstances and situations differently just as in the simple examples.

God wants to change your mindset so that you don’t “FREAK OUT” when bad things happen to you.
This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

(9) Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.
I Can’t Help It!

People who constantly have a bad attitude feel they can do nothing about it.

- They blame
  - Their parents
  - Their Friends
  - Their physical condition
  - Their environment
  - The color of their skin
  - Etc.
We Always Have a Reason or Excuse for Our Bad Attitudes

- You must take responsibility for your attitude.
- Your attitude is a matter of choice.
- People who feel that they are victims and have no choice in a matter are people who never change anything.

“The greatest day in your life and mine is when we take total responsibility for our attitudes. That's the day we truly grow up.” John Maxwell
Changing Your Attitude

Requires

– Changing your thoughts
– Changing your associations

Your attitude can change independent of your environment or circumstances
Developing a Winning Attitude

Most times in our lives, especially when facing adversity - two sets of thoughts and emotions are working in us at the same time.

- **Right thing to do** (positive)
- **Wrong thing to do** (negative)
Keys You Need to Know

You will always have positive and negative thoughts.

The issue is which of these thoughts are more dominant in your mind.
Keys You Need to Know

Because you have fear, anger, resentment, offense and other negative thoughts and attitudes does not make you unspiritual – It makes you human!

The issue is will you let those thoughts and attitudes dominate you?

Even Jesus had significant challenges – Whipped the money changers out of the temple in anger
We live in the flesh and there are mean and thoughtless people in the world or people make mistakes... Get over it and deal with it!

- We might get a low grade on a test, our bodies are attacked, our teachers get to us, we get rejected by our friends, sometimes our families go crazy!

What we think when these challenges occur determines our attitude! (Victory)
1 Peter 5:8-10 KJVR  Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: (9) Whom resist steadfast in the faith, **knowing that the same afflictions are accomplished in your brethren that are in the world**. (10) But **the God of all grace**, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, establish, strengthen, settle you.

**Everybody has the same challenges – However, some overcome and some do not – WHY?**

**ATTITUDE**
Testimony of Two Famous People
Dr. Ben Carson – Neurosurgeon

- Grew up with no father or mother
- Raised by his Christian grandmother
- Very poor
- Poor grades in elementary school
- Told as a young man he would amount to much
- When he applied to medical school, his guidance counselors told him he doesn’t have what it takes to be a doctor
Testimony of Two Famous People
Oprah Winfrey – Media Mogul / Philanthropist

- Born in rural Mississippi to unwed teen mother
- Raised in a Milwaukee ghetto then sent to live with her Christian grandmother who stressed the importance of reading and education – very strict
- Very poor in her early years through early teen years
- Attacked by her uncle, her cousin and a family friend at age 9
- Gave birth to a son at age 14 who later died
- Then sent to Tennessee and raised by birth father
- 1st TV job at age 17 – Followed her passion
Your Attitude Can Change

It does not happen overnight!

Mark 4:26-28 NLT Jesus also said, "The Kingdom of God is like a farmer who scatters seed on the ground. (27) Night and day, while he's asleep or awake, the seed sprouts and grows, but he does not understand how it happens. (28) The earth produces the crops on its own. First a leaf blade pushes through, then the heads of wheat are formed, and finally the grain ripens.

Law of Spiritual Growth
God wants you to make up your mind to keep your joy in every situation!

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